

# Central Iowa Aquatics Winter Blues Buster Open Invitational

ISI SANCTION: SC-07-06

RULES: Current USA Swimming and Iowa Swimming, Inc. (ISI) rules will govern this meet.

DATES: Saturday February 3<sup>rd</sup> and Sunday February 4<sup>th</sup> 2007

TIME:

<u>Sat. Morning</u>	<u>Sat. Afternoon</u>	<u>Sat. Evening</u>
Warm-ups: 8:00 am	not before 12 noon	not before 4 pm
Competition: 9:00 am	not before 1 pm	not before 4:45 pm
Coaches Meeting - Sat 8:45 am		

  

<u>Sun. Morning</u>	<u>Sun. Afternoon</u>
8:00 am	not before 11:00 am
9:00 am	not before 12 :00 noon
Coaches Meeting Sun 8:45 am	

If warm-ups are to be split, teams will be notified by the Monday before the meet to which warm-up period they are in.

SITE: Urbandale Municipal Pool 7201 Aurora Ave Urbandale, Iowa  
Indoor 6-lane 25 yard course pool , with bulkhead. Water depth at the starting end is 5 feet deep and the turn end water depth is 4 feet deep. Colorado electric timing system with touch pads and push button backup system and 2 watch back-ups

DIRECTIONS: Exit Interstate 35/80 off Merle Hay exit. Travel south approx. 1 mile to Aurora Ave. Go west (right) to 7201 Aurora (at Urbandale High School) Swimming pool building is just west of Urbandale High School main entrance.

From I235- exit 22<sup>nd</sup> St. Go north approx. 3.5 miles to Aurora. Turn right and pool is approx. 1 mile on left side of road

COACHES: Must possess and visibly wear a current USA Swimming Coaches Registration Card. Only USA Swimming coach member will be permitted on the deck in designated areas. All coaches must sign an ISI Coaches Meet Sign In sheet (APP-29) to verify that all certifications are current and on file with ISI office.

WARM-UPS: ISI Warm-up procedure will be followed. See ISI Code Book Section J. Swimmer(s) without a coach are to report to the Meet Referee prior to warm-up for lane assignment.

- ENTRY REQUIREMENTS:
- 1) All swimmers must be current registered athletes.
  - 2) Contestants must enter the age bracket corresponding to age as of February 3<sup>rd</sup> 2007
  - 3) A swimmer may enter up to 4 events per session per day. Swimmers may swim 5 events for **Saturday only**, if one event is in session 3.
  - 4) Seed times must be submitted for a 25 yard course
  - 5) Events will be pre-seeded
  - 6) There will be a Clerk of Course for 10 and Under events.
  - 7) Names on entry sheets for relays will be on the relays card at the meet.
  - 8) Phone entries or changes will be accepted.
  - 9) Points scored in session three will not be used towards high point score.

ENTRY LIMITS: 100 Splashes/lane/session

- ENTRY FEES:
- 1) Individual events are \$2.00-timed finals per event.  
Relays are \$5.00 per relay.
  - 2) ISI Splash Fee is **\$3.00**.
  - 3) Write single check for entry and splash fees payable to **CIA**
  - 4) Entry fees are not refundable. Splash fees will be refunded if the entire meet is cancelled.

ENTRY FORMS: Use forms: ISI APP-7 Entry form  
ISI APP Financial Sheet  
Or Submit entries on disk in Hy-Tek comlink II format (generated from Team Manager or Meet Manager). When submitting disk entries, please provide a printout of your entries for backup and the ISI Financial Sheet.  
Any team submitting entries on disk will receive the meet results on disk at the end of the meet.  
Teams submitting hand entries will be charged \$2.00 per swimmer if there are more than 5 swimmers.

ENTRY DEADLINE: Entries must be received no later than 6:00 p.m. Friday Jan 26, 2007  
Federal Express and UPS will be accepted all day. Please check **“No signature required.”** Electronic entries will be accepted until 12:00 PM on Monday Jan. 29th. All fees should be submitted with entries or paid previous to the first session on Saturday, February 3<sup>rd</sup>.

LATE ENTRIES: Late entries *will* be accepted up to the beginning of warm-ups for each session for open lanes within heats if the meet has not exceeded the splash number. The late entry fee will be **\$4.00** per individual events and **\$10.00** for relays. Please call the meet entry chair to find out if late entries can be accepted.

SEND

ENTRIES TO: Frank J Bott 13800 Lakeshore Dr. Clive IA. 50325 (515) 267-9404  
Email: [Bottrats@aol.com](mailto:Bottrats@aol.com)

MEET DIRECTOR: Frank J Bott 13800 Lakeshore Dr. Clive, Iowa  
Hm. 267-9404 cell 778-1926 Email [Bottrats@aol.com](mailto:Bottrats@aol.com)

SCORING: All events are timed finals. Individual points will be tabulated.  
Individual 7-5-4-3-2-1 Relays 14-10-8-6-4-2

**AWARDS:** Ribbons will be given for places 1- 6 for individual events and 1st-3rd for relays for swimmers ages 10 and under. Individual high point trophies 1<sup>st</sup>-5th place will be awarded for 13-14 age groups and younger. A high point team trophy will be awarded.

**MEET OPERATION.**

1. It is not the meet hosts responsibility to provide rest for swimmers that enter both 8 & Under and 10 & Under or Age Group and Senior events.
2. Events will be combined to facilitate meet operation and separated **later**
3. 500, 1000 & 1650 will be swum fastest to slowest alternating women to men and positive check-in will be required by the end of warm-ups Saturday. Swimmers are requested to provide timers and card turners for the 1000 & 1650
4. Each USASwimming team entered will receive two copies of the program and detailed final results will be available to all teams using HY-TEK software.

**MEET**

**COMMITTEE:** A meet committee comprised of the Meet Referee, Meet Director, Coach Representative, Athlete Representative and one (1) Certified Official acting at large will be established to receive and act upon any administrative protest filed at the meet. The committee will not act upon judgment decisions as those are under the jurisdiction of the Meet Referee. This committee shall act as a review section in the need of an emergency meeting.

**SCRATCHES:** ISI Scratch Rule is in effect. See ISI Code Book Section J.

**NO SMOKING:** No smoking in the swimming revenue.

**USA**

**REGISTRATION:** Late USA Registration at the meet is \$55 (annual) or \$32.50 (Individual Season) registration (payable to ISI) + \$5 late fee (payable to host club). Club and Coach registrations are not accepted.

**ADAPTED  
COMPETITIVE  
SWIMMERS:**

USA Swimming and ISI encourage adapted competitive swimmers to participate in all sanctioned meets. The "Adapted Competitive Swimmer Information Form" form APP-21 must accompany entries. The form is also available from the ISI office. Completion of this information form is part of the entry procedure since the host club and meet referee must have all necessary information concerning the swimmer. Refer also to USA Swimming Rules and Regulations Article 105.

**OTHER**

**INFORMATION:**

- 1) Programs and final results will be available for purchase.
- 2) Concessions will be available for purchase.
- 3) A merchandise vendor will be available at this meet.
- 4) Each USA Swimming team entered will receive two copies of the program and detailed final results will be available to all team using Hy-Tek software. Hard copy of the final results may be requested on the Financial Sheet #8.1 for a fee of \$5.00.
- 5) A warm up/cool down area for swimmers will be available behind the bulkhead throughout the meet

**Central Iowa Aquatics Winter Blues Buster**  
**Age Group and Senior Open Invitational Swim Meet 25 yard Pool**  
**Saturday February 3<sup>rd</sup> 2007    Urbandale Municipal Pool**

<u>Session #1</u>	Warm-ups 8:00 am	Competition 9:00 am
Girls Event #		Boys Event #
1	8 & Under 25 Back	2
3	10 & Under 100 Back	4
5	8 & Under 100 Free	6
7	10 & Under 50 Free	8
9	8 & Under 50 Fly	10
11	10 & Under 100 Fly	12
13	8 & Under 25 Breast	14
15	10 & Under 50 Breast	16
17	8 & Under 100 IM	18
19	10 & Under 100 IM	20
21	10 & Under 200 Medley Relay	22
23*	10 & Under 500 Free	24*

<u>Session #2</u>	Warm-ups not before 11:00 am	Competition not before 12:00 noon
Girls Event #		Boys Event #
25	11 & 12 100 Fly	26
27	Senior 200 Fly	28
29	11 & 12 50 Free	30
31	13 & 14 50 Free	32
33	Senior 50 Free	34
35	11 & 12 200 IM	36
37	13 & 14 200 IM	38
39	Senior 200 IM	40
41	11 & 12 50 Breast	42
43	13 & 14 100 Breast	44
45	Senior 100 Breast	46
47	11 & 12 200 Free	48
49	13 & 14 200 Free	50
51	Senior 200 Free	52
53	11 & 12 100 Back	54
55	Senior 200 Medley Relay	56
57*	Senior 500 Free	58*

<u>Session #3</u>	Warm-ups not before 4 pm	Competition not before 5 pm
59*	Senior 1000 Free	60*
61*	Senior 1650 Free	62*

\* Swimmers need to positive check in for these events by start of session warm up of their event.  
 Events will be swum fastest to slowest alternating women to men with combined ages.

**Central Iowa Aquatics Winter Blues Buster**  
**Age Group and Senior Open Invitational Swim Meet 25 yard Pool**  
**Sunday February 4<sup>th</sup> 2007     Urbandale Municipal Pool**

<b><u>Session #4</u></b>	<b>Warm-ups 8:00 am</b>	<b>Competition 9:00 am</b>
Girls Event #		Boys Event #
63	10 & Under 200 IM	64
65	8 & Under 25 Free	66
67	10 & Under 100 Free	68
69	8 & Under 25 Fly	70
71	10 & Under 50 Fly	72
73	8 & Under 50 Breast	74
75	10 & Under 100 Breast	76
77	8 & Under 50 Back	78
79	10 & Under 50 Back	80
81	8 & Under 50 Free	82
83	10 & Under 200 Free	84
85	10 & Under 200 Free Relay	86

<b><u>Session #5</u></b>	<b>Warm-ups 12:00noon</b>	<b>Competition 1:00 pm</b>
Girls Event #		Boys Event #
87	11&12 100 Breast	88
89	Senior 200 Breast	90
91	11 & 12 100 IM	92
93	Senior 200 Back	94
95	11 & 12 100 Free	96
97	13 & 14 100 Free	98
99	Senior 100 Free	100
101	11 & 12 50 Back	102
103	13 & 14 100 Back	104
105	Senior 100 Back	106
107	11 & 12 50 Fly	108
109	13 & 14 100 Fly	110
111	Senior 100 Fly	112
113	Senior 200 Free Relay	114
115	Senior 400 IM	116