

DAVENPORT METRO WINTER FROLIC  
DECEMBER 16 & 17, 2006  
AGE GROUP & SENIOR OPEN, 8 & UNDER OPEN

- SANCTION:** IA-06-58
- DATE:** December 16 & 17, 2006
- RULES:** Current USA Swimming & ISI Rules will govern this meet
- TIME:** Morning Session: Warm-ups - 7:30AM Competition - 8:30AM  
Afternoon Session: Warm-ups begin immediately following the morning session but not before 11:30 AM. Competition starts 60 minutes following the morning session, but not before 12:30 PM.
- Coach's meeting 7:50 AM Saturday & other sessions as needed.  
Teams will be notified if warm-ups are to be split.
- SITE:** Davenport West High School, 3505 West Locust Street, Davenport, IA  
25 yard, 6 lane, indoor pool. Non-turbulent lane markers. Starting blocks are located in the 12-foot depth area of the pool. Pool depth is 10 feet at 1.5 meters from the edge at the starting block end of the pool and 3.5 feet deep at 1.5 meters from the edge on the opposite end of pool. Bottom lane lines and targets at both ends of pool. Backstroke flags located 15 feet from the end of the pool, recall rope. Horn start, Colorado timing system with touch pads. Two back-up timers per lane and 3 on lead swimmers.
- COACHES:** Must possess and visibly wear a current USA Swimming Coaches Registration card. All coaches on deck must sign in on ISI Coaches Registration form. Only USA Swimming coach members will be permitted on the deck in designated areas.
- WARM-UPS:** ISI Warm-up procedure will be followed. Swimmer(s) without a coach are to report to the Meet Referee prior to warm-ups for lane assignment.
- ENTRY REQUIREMENTS:**
- 1) All swimmers must be current USA Swimming registered athletes.
  - 2) Swimmers must enter the age bracket corresponding to their age as of December 16, 2006
  - 3) Swimmers may enter up to 4 individual events plus one relay per day.
  - 4) Seed times must be submitted for a 25 yd course.
  - 5) Events will be pre-seeded.
  - 6) If names are on entry sheets for relays, those names will be on the relay card at the meet.
  - 7) There will be a clerk of course for the morning sessions.
- ENTRY LIMIT:** 100 splashes / lane / session
- ENTRY FEES:**
- 1) Individual events are \$2.00 per event
  - 2) Relays are \$5.00 per relay

- 3) ISI Splash fee is \$3.00 per swimmer
- 4) Checks made payable to: Davenport Metro (DMET)

**ENTRY FORMS:** Use ISI entry form APP-7 and financial sheet APP-8.1  
Entries may also be submitted on disk in Hy-Tek format. If submitting disk entries, you must provide a hard copy of your entries and a copy of your financial sheet.  
Hy-Tek entries may also be sent by email attachment to [Esortor@aol.com](mailto:Esortor@aol.com) and followed up with hard copy and financial sheet within 48 hrs.  
Teams submitting hand entries will be charged \$2.00 per swimmer if there are more than 5 swimmers.

**ENTRY DEADLINE:** Entries must be received by Saturday, December 9, 2006

**LATE ENTRIES:** Late entries will not be accepted

**SEND ENTRIES:** METRO / Elaine Sortor  
2715 Pioneer Ct., Davenport, IA 52804-1099  
Email: [Esortor@aol.com](mailto:Esortor@aol.com)

**CO-MEET DIRECTORS:** Pete Fritz, 3530 Volquardsen St., Davenport, IA 52806 563-391-7048  
Elaine Sortor, 2715 Pioneer Ct., Davenport, IA 52804 563-391-8274

**AWARDS:** For individual events, ribbons will be awarded for 1<sup>st</sup> thru 6<sup>th</sup> place.  
For relays, awards will be given for 1<sup>st</sup> thru 3<sup>rd</sup> place.  
Heat prizes will also be given to heat winners.

**MEET COMMITTEE:** A meet committee comprised of the Meet Referee, Meet Director, Coach Representative, Athlete Representative and one certified official acting at large will be established to receive and act upon any administrative protest filed at the meet.

**MEET OPERATION:**

- 1) Swimmers are not required to check in
- 2) Events may be combined to facilitate meet operation and separated later
- 3) Relays may be cancelled if 4-hour rule is a factor.
- 4) It is not the meet host's responsibility to provide rest for swimmers who enter both 8 & under; 10 & under, or Age Group and Senior events.
- 5) Events may be combined to facilitate the meet operation and separated later.

**NO SMOKING:** No smoking shall be permitted within the school building.

**USA SWIMMING REGISTRATION:** Late USA Swimming registration at the meet \$55.00 (annual) or \$32.50 (Individual Season 150 days) payable to ISI + \$5.00 late fee payable to DMET. Club and coach registrations are not accepted.

**ADAPTED  
COMPETITIVE  
SWIMMERS:**

Adapted competitive swimmer form must accompany entries. The Information Form for Disabled Swimmers is available in the ISI code book, ISI web site or by contacting the ISI office, 2715 Pioneer Ct., Davenport, IA 52804-1099.

**OTHER:**

Program and final results will be on sale at the meet. Complimentary programs will be provided for the coach of each team having swimmers entered in the meet. Electronic final results will be sent to all teams and hard copy may be requested on financial sheet for \$5.00. There will be a concession stand in operation.

DAVENPORT METRO WINTER FROLIC  
 AGE GROUP & SENIOR OPEN, 8 & UNDER OPEN  
 25 YARD COURSE  
 SATURDAY, December 16, 2006

<u>Girls #</u>	<u>EVENT</u>	<u>Boys #</u>
<u>MORNING SESSION</u>		
1	10 & Under 50 Free	2
3	8 & Under 25 Free	4
5	10 & Under 100 Fly	6
7	8 & Under 50 Fly	8
9	10 & Under 200 IM	10
11	8 & Under 100 IM	12
13	10 & Under 50 Breast	14
15	8 & Under 25 Breast	16
17	10 & Under 100 Back	18
19	8 & Under 50 Back	20
21	10 & U 200 Medley Relay	22
23	8 & U 100 Medley Relay	24
<u>AFTERNOON SESSION</u>		
25	11 - 12 100 Back	26
27	13 - 14 200 Back	28
29	Senior 200 Back	30
31	11 - 12 100 Free	32
33	13 - 14 100 Free	34
35	Senior 100 Free	36
37	11 - 12 200 IM	38
39	13 - 14 200 IM	40
41	Senior 200 IM	42
43	11 - 12 50 Breast	44
45	13 - 14 100 Breast	46
47	Senior 100 Breast	48
49	11 - 12 100 Fly	50
51	13 - 14 200 Fly	52
53	Senior 200 Fly	54
55	11 - 12 200 Medley Relay	56
57	13 - 14 200 Medley Relay	58
59	Senior 200 Medley Relay	60

DAVENPORT METRO WINTER FROLIC  
 AGE GROUP & SENIOR OPEN, 8 & UNDER OPEN  
 25 YARD COURSE  
 SUNDAY, December 17, 2006

<u>Girls #</u>	<u>EVENT</u>		<u>Boys #</u>
<u>MORNING SESSION</u>			
61	10 & Under	100 IM	62
63	8 & Under	25 Fly	64
65	10 & Under	50 Fly	66
67	8 & Under	50 Breast	68
69	10 & Under	100 Breast	70
71	8 & Under	25 Back	72
73	10 & Under	50 Back	74
75	8 & Under	50 Free	76
77	10 & Under	100 Free	78
79	8 & U	100 Free Relay	80
81	10 & U	200 Free Relay	82
<u>AFTERNOON SESSION</u>			
83	11 – 12	100 Breast	84
85	13 – 14	200 Breast	86
87	Senior	200 Breast	88
89	11 – 12	50 Free	90
91	13 – 14	50 Free	92
93	Senior	50 Free	94
95	11 – 12	50 Back	96
97	13 – 14	100 Back	98
99	Senior	100 Back	100
101	11 – 12	100 IM	102
103	13 – 14	200 Free	104
105	Senior	200 Free	106
107	11 – 12	50 Fly	108
109	13 – 14	100 Fly	110
111	Senior	100 Fly	112
113	11 – 12	200 Free Relay	114
115	13 – 14	200 Free Relay	116
117	Senior	200 Free Relay	118

