

Blackhawk Area Swim Team
Holiday Classic: Dec. 1st – 3rd, 2006
Age Group and Senior Open

ISI SANCTION: IA-06-56

RULES: Current USA Swimming and Iowa Swimming, Inc. (ISI) rules will govern this meet.

DATES: Friday, December 1st – Sunday, December 3rd, 2006

TIME:

	<u>Warm-Ups</u>	<u>Competition</u>	<u>Coaches Mtg</u>
Friday Evening:	4:30 pm	5:30 pm	4:15 pm
Saturday Morning:	7:15 am	8:15 am	7:00 am
Saturday Afternoon:	12:00 pm*	1:00 pm**	10 min. prior to WU
Saturday Evening:	5:00 pm*	6:00 pm**	10 min. prior to WU
Sunday Morning:	7:15 am	8:15 am	7:00 am
Sunday Afternoon:	12:00 pm*	1:00**	10 min. prior to WU

*following previous session, but not before designated time
** 1 hour after warm-ups begin, but not before designated time

If warm-ups are to be split, teams will be notified by the Monday before the meet which warm-up period they are in.

SITE: Holmes Junior High School, 505 Holmes Dr., Cedar Falls, IA 50613
Indoor 25 yd. with bulkhead, 6 lanes, Backstroke flags at both ends, non-turbulent lane markers, permanent starting blocks at deep end
11 feet deep at starting end; 4 feet deep at far end
Colorado timing system with horn start and 2 watch back-ups

COACHES: Must possess and visibly wear a current USA Swimming Coaches Registration Card. Only USA Swimming coach members will be permitted on the deck in designated areas. All coaches must sign an ISI Coaches Meet Sign In sheet to verify that all certifications are current and on file with ISI office.

WARM-UPS: ISI Warm-up procedure will be followed. See ISI Code Book Section J. Swimmer(s) without a coach are to report to the Meet Referee prior to warm-up for lane assignment.

ENTRY REQUIREMENTS:

- 1) All swimmers must be current registered athletes.
- 2) Contestants must enter the age bracket corresponding to age as of December 1st, 2006.
- 3) A swimmer may enter up to 3 Prelim/Final **OR** 4 Timed Final individual events per day.
- 4) Seed times must be submitted for a 25 yd. course.
- 5) Events will be pre-seeded except for the 400 IM, 1000 free, 500 free and 1650 free.
- 6) There will not be a Clerk of Course.

- 7) If names are on entry sheets for relays, those names will be on the relays card at the meet.
- 8) Phone entries or changes will not be accepted. Mistakes can be corrected via phone.

ENTRY LIMITS: 100 Splashes/lane/session

- ENTRY FEES:**
- 1) Individual events are \$2.00 per Timed Final events, \$2.50 per Prelim/Final events, and \$5.00 per relay events.
 - 2) ISI Splash Fee is \$3.00.
 - 3) Write single check for entry and splash fees payable to **BLAST**.
 - 4) Entry fees are not refundable. Splash fees will be refunded if the entire meet is cancelled.

ENTRY FORMS: Use forms: ISI APP-7 Entry form
ISI APP 8.1 Financial Sheet

Or

Submit entries on disk in Hy-Tek comlink II format (generated from Team Manager or Meet Manager). When submitting disk entries, please provide a printout of your entries for backup and the ISI Financial Sheet. Any team submitting entries on disk will receive the meet results on disk at the end of the meet.

Teams submitting hand entries will be charged \$2.00 per swimmer if there are more than 5 swimmers.

ENTRY DEADLINE: Entries via the mail must be received no later than Friday, November 24th. Fed Ex, Express Mail or UPS will be accepted all day - send no signature required. Faxed and phone entries will not be accepted. Email entries must be received by Sunday, November 26th by noon. Hard copy and fees for email entries are due by Wednesday, November 29th. The entry chair person will confirm that email entries have been received via email. All hand written entries in excess of 5 swimmers will be charged \$2.00 per swimmer.

LATE ENTRIES: Late entries will be accepted up to the beginning of warm-ups for each session in open lanes only if the meet has not exceeded the splash number. No heats will be added. The late entry fee will be \$4.00 per individual events, \$5.00 for prelim/final, and \$10.00 for relays. Please call the meet entry chair to find out if late entries can be accepted.

SEND ENTRIES TO: Kim Abbas, 2405 Hawthorne Dr., Cedar Falls, IA, 50613. (319) 266-8330. snkabbas@cfu.net. Express mailing entries NO SIGNATURE REQUIRED will be accepted all day.

MEET DIRECTOR: Jamie Langner, 512 Alvarado Ave., Cedar Falls, IA, 50613. (319) 290-9299 or (319) 277-2602. jamielangner@yahoo.com.

SCORING: Individual scoring only – 7,5,4,3,2,1.

AWARDS: Heat winners will receive an award. Ribbons will be given for 1st – 6th place in individual events and for 1st – 3rd place in relay events. High Point trophies for the top three swimmers in the 8 & Under, 9-10, 11-12, and Senior age groups will be

awarded. Points awarded to 8 & Under swimmers that score while competing in 10 & Under events will not count towards 8 & Under High Point Award; likewise, points awarded to swimmers 12 & Under that score while competing in Senior events will not count towards the 8 & Under, 9-10 or 11-12 High Point Award.

MEET OPERATION:

- 1) Swimmer check in is required for the 400 IM and 1000 free by 4:45pm on Friday, the 500 free by 7:30 am Saturday, the 1650 free by 7:30 am on Sunday, and the 500 free within 15 minutes into the afternoon warm-ups on Sunday. Late check-ins will be able to swim only if there are open lanes available in the slower heats.
- 2) It is not the meet hosts responsibility to provide rest for swimmers that enter both 8 & Under and 10&Under or Age Group and Senior events.
- 3) Events may be combined to facilitate meet operation and separated later for awards and scoring.
- 4) Distance events will be swam fastest to slowest with the combination of genders and ages.
- 5) Top 12 finishers for Prelim events will advance to finals.
- 6) The 6 fastest times for both the 11-12 and Senior 500 free on Saturday am will be swam Saturday evening and NOT Saturday morning.
- 7) All 500 free heats are Timed Finals.
- 8) 1000 free and 1650 free swimmers are requested to provide their own counters and timers.

MEET COMMITTEE:

A meet committee comprised of the Meet Referee, Meet Director, Coach Representative, Athlete Representative and one (1) Certified Official acting at large will be established to receive and act upon any administrative protest filed at the meet. The committee will not act upon judgment decisions as those are under the jurisdiction of the Meet Referee. This committee shall act as a review section in the need of an emergency meeting.

SCRATCHES:

ISI Scratch Rule is in effect. See ISI Code Book Section J.

NO SMOKING:

No smoking in the swimming revenue.

RECERTIFICATION:

There will be an official's recertification clinic following the Sunday AM Session. For more information, call Jamie at 319-290-9299.

USA REGISTRATION:

Late USA Registration at the meet is \$55 Annual or \$32.50 Individual season payable to ISI + \$5 late fee payable to BLAST. Club and Coach registrations are not accepted.

**ADAPTED
COMPETITIVE
SWIMMERS:**

USA Swimming and ISI encourage adapted competitive swimmers to participate in all sanctioned meets. The "Adapted Competitive Swimmer Information Form" form APP-21 must accompany entries. The form is also available from the ISI office. Completion of this information form is part of the entry procedure since the host club and meet referee must have all necessary information concerning the swimmer. Refer also to USA Swimming Rules and Regulations Article 105. Information is available from Iowa Swimming, Inc., 2715 Pioneer Ct., Davenport, IA, 52804. Phone and fax: 1-563-391-5832.

**OTHER
INFORMATION:**

Programs will be on sale at the meet. Each USA Swimming team entered will receive a copy of the program.

Electronic results will be provided to all teams participating in the meet & posted on the ISI website. A hard copy of final results will be mailed for a fee of \$5.00 & may be requested on financial sheet.

Concession will be available during the meet offering a limited supply of hot food, fruits, baked goods, snacks, and drinks.

Splash Multisport will be on site and will have a variety of swimwear and accessories available for sale at the meet.

A list of lodging accommodations is attached

Spectator seating is available in the balcony above the pool.

**BLAST Holiday Classic
Holmes Middle School (25 yards, short course)
Friday Evening Session, December 1st, 2006**

Warm-Ups: 4:30 pm

Competition: 5:30 pm

Girls Event

Description

Boys Event

1 TF	11-12	50 Fly	2 TF
3 TF	Senior	50 Fly	4 TF
5 TF	10 & Under	100 IM	6 TF
7 TF	11-12	400 IM*	8 TF
9 TF	Senior	400 IM*	10 TF
11 TF	11-12	50 Back	12 TF
13 TF	Senior	50 Back	14 TF
15 TF	10 & Under	200 Free	16 TF
17 TF	11-12	50 Breast	18 TF
19 TF	Senior	50 Breast	20 TF
21 TF	11-12	1000 Free*	22 TF
23 TF	Senior	1000 Free*	24 TF

* Positive Check-in required by 4:45 pm. 1000 Free will be swam with all ages and genders combined, fastest to slowest, and separated for awards. Swimmers are requested to provide their own timers.

BLAST Holiday Classic
Holmes Middle School (25 yards, short course)
Saturday Morning Session, December 2nd, 2006

Warm-Ups: 7:15 am
am

Competition: 8:15

<u>Girls Event</u>		<u>Description</u>	<u>Boys Event</u>
49 TF	11-12	200 Med Relay	50 TF
51 TF	Senior	200 Med Relay	52 TF
53 P	11-12	100 Free	54 P
55 P	Senior	100 Free	56 P
57 P	11-12	100 Back	58 P
59 P	Senior	100 Back	60 P
61 P	11-12	100 Breast	62 P
63 P	Senior	100 Breast	64 P
65 P	11-12	100 Fly	66 P
67 P	Senior	100 Fly	68 P
69 P	11-12	200 IM	70 P
71 P	Senior	200 IM	72 P
73 TF	11-12	500 Free*	74 TF
75 TF	Senior	500 Free*	76 TF

* Positive Check-in required by 7:30 am. 6 Fastest seeded times will swim in the evening session.

BLAST Holiday Classic
Holmes Middle School (25 yards, short course)
Saturday Afternoon Session, December 2nd, 2006

Warm-Ups: Following AM Session; not before Noon
pm

Competition: 1 hr after WU; not before 1:00

<u>Girls Event</u>		<u>Description</u>	<u>Boys Event</u>
25 TF	8& Under	100 Med Relay	26 TF
27 TF	10 & Under	200 Med Relay	28 TF
29 TF	8 & Under	25 Free	30 TF
31 TF	10 & Under	50 Free	32 TF
33 TF	8 & Under	50 Fly	34 TF
35 TF	10 & Under	100 Fly	36 TF
37 TF	8 & Under	100 IM	38 TF
39 TF	10 & Under	200 IM	40 TF
41 TF	8 & Under	50 Back	42 TF
43 TF	10 & Under	100 Back	44 TF
45 TF	8 & Under	25 Breast	46 TF
47 TF	10 & Under	50 Breast	48 TF

**BLAST Holiday Classic
Holmes Middle School (25 yards, short course)
Sunday Morning Session, December 3rd, 2006**

Warm-Ups: 7:15 am
am

Competition: 8:15

<u>Girls Event</u>		<u>Description</u>	<u>Boys Event</u>
77 TF	11-12	200 Free Relay	78 TF
79 TF	Senior	200 Free Relay	80 TF
81 TF	11-12	50 Free	82 TF
83 TF	Senior	50 Free	84 TF
85 TF	11-12	200 Fly	86 TF
87 TF	Senior	200 Fly	88 TF
89 TF	11-12	200 Back	90 TF
91 TF	Senior	200 Back	92 TF
93 TF	11-12	200 Free	94 TF
95 TF	Senior	200 Free	96 TF
97 TF	11-12	200 Breast	98 TF
99 TF	Senior	200 Breast	100 TF
101 TF	11-12	1650 Free*	102 TF
103 TF	Senior	1650 Free*	104 TF

* Positive Check-in required by 7:30 am. 1650 Free will be swam with all ages and genders combined, fasted to slowest, and separated for awards. Swimmers are requested to provide their own timers.

**BLAST Holiday Classic
Holmes Middle School (25 yards, short course)
Sunday Afternoon Session, December 3rd, 2006**

Warm-Ups: Following AM Session; not before Noon Competition: 1 hr after WU; not before 1:00 pm

<u>Girls Event</u>		<u>Description</u>	<u>Boys Event</u>
105 TF	8 & Under	100 Free Relay	106 TF
107 TF	10 & Under	200 Free Relay	108 TF
109 TF	8 & Under	50 Free	110 TF
111TF	10 & Under	100 Free	112 TF
113 TF	8 & Under	25 Fly	114 TF
115 TF	10 & Under	50 Fly	116 TF
117 TF	8 & Under	100 Free	118 TF
119 TF	10 & Under	500 Free*	120 TF
121 TF	8 & Under	25 Back	122 TF
123 TF	10 & Under	50 Back	124 TF
125 TF	8 & Under	50 Breast	126 TF
127 TF	10 & Under	100 Breast	128 TF

*Positive check-in is required by 15 minutes into the warm-up.