

Iowa Swimming, Inc.

RECORDS /IA OPEN STATE

LC Meters-Girls

10 & U	50 Free	29.90	12-Aug-05	UN -IA	MICHAELA KINTER (Ann Arbor, MI)
	100 Free	1:06.39	12-Aug-05	UN -IA	MICHAELA KINTER (Ann Arbor, MI)
	200 Free	2:25.51	11-Aug-89	ELKY -MN	MALAIKA HOMO (Iowa City, IA)
	400 Free	5:18.23	3-Aug-01	ICE -IA	CHRISTINE OLSON (Iowa City, IA)
	50 Back	35.09	7-Aug-81	WSSC -IA	MIEKKA OLSON (Milwaukee, WI)
	100 Back	1:13.68	6-Aug-04	CRAA -IA	KATHARINE ANTON (Oxford, OH)
	100 Breast	1:26.72	12-Aug-01	ICE -IA	CHRISTINE OLSON (Indianapolis,IN)
	50 Fly	32.09	12-Aug-05	UN -IA	MICHAELA KINTER (Ann Arbor, MI)
	100 Fly	1:14.85	14-Aug-81	WSSC -IA	MIEKKA OLSON (Norman, OK)
	200 IM	2:43.79	12-Aug-89	ELKY -MN	MALAIKA HOMO (Iowa City, IA)
	200 Free Relay	2:14.52	13-Aug-78	SCHR -MN	Lightfoot, Beck, Hazelwood, Martin (Mason City, IA)
	200 Medley Relay	2:33.10	1-Aug-97	BETT -IA	Vens,Miller,Lonergan,Quinn (Iowa City, IA)
11-12	50 Free	28.43	12-Aug-05	CRAA -IA	JILL BROGHAMMER (Ann Arbor, MI)
	100 Free	1:00.75	12-Aug-89	ELKY -MN	LINDSEY BENKO (Iowa City, IA)
	200 Free	2:12.12	11-Aug-89	PAWW -MN	HEATHER POTTGEN (Iowa City, IA)
	400 Free	4:37.51	12-Aug-89	ELKY -MN	LINDSEY BENKO (Iowa City, IA)
	800 Free	10:21.27	5-Aug-05	CRAA -IA	JILL BROGHAMMER (Iowa City, IA)
	1500 Free	19:12.44	1-May-99	BETT -IA	MEGAN LONERGAN (Iowa City, IA)
	50 Back	32.37	12-Aug-05	CRAA -IA	KATHARINE ANTON (Ann Arbor, MI)
	100 Back	1:09.73	12-Aug-05	CRAA -IA	KATHARINE ANTON (Ann Arbor, MI)
	200 Back	2:30.68	5-Aug-05	CRAA -IA	KATHARINE ANTON (Iowa City, IA)
	50 Breast	35.72	11-Aug-74	ELBKU -MN	KATHY TRIEBLE (Mason City, IA)
	100 Breast	1:18.02	10-Aug-74	ELBKU -MN	KATHY TRIEBLE (Mason City, IA)
	200 Breast	2:55.14	17-Jun-01	BUR -MN	KERRY KRAEMER (Des Moines, IA)
	50 Fly	30.05	5-Aug-05	CRAA -IA	JILL BROGHAMMER (Iowa City, IA)
	100 Fly	1:07.95	11-Aug-89	BBA -MN	REBECCA MIDDLETON (Iowa City, IA)
	200 Fly	2:39.75	30-Jul-04	ICE -IA	BETH EYANSON (Iowa City, IA)
	200 IM	2:29.60	8-Aug-86	DMSF -IA	AMY WALKER (St Louis Park, MN)
	400 IM	5:32.81	15-Jul-05	FOXJ -MN	CATIE CHANG (Cedar Falls, IA)
	200 Free Relay	1:58.24	10-Aug-91	CFSC -IA	Peterson, Courts, Martin, Wertz (Mpls, MN)
	400 Free Relay	4:16.73	9-Aug-91	CFSC -IA	Peterson, Courts, Martin, Wertz (Minneapolis, MN)
	200 Medley Relay	2:14.37	30-Jul-04	ICE -IA	Eyanson,Striegel,Doehrmann,Zhu (Iowa City,IA)
	400 Medley Relay	4:59.27	11-Aug-78	OWSCC -MN	Desmet,Lazzaretti, Stuva, Johnson (Mason City, IA)
13-14	50 Free	27.30	17-Jul-88	DMSF -IA	AMY WALKER (Brown Deer, WI)
	100 Free	58.27	31-Jul-88	DMSF -IA	AMY WALKER (Tempe, AZ)
	200 Free	2:09.55	20-Jul-85	WSSC -IA	MIEKKA OLSON (Brown Deer, WI)
	400 Free	4:29.03	18-Dec-88	DMSF -IA	AMY WALKER (Indianapolis, IN)
	800 Free	9:09.20	30-Jul-88	DMSF -IA	AMY WALKER (Tempe, AZ)
	1500 Free	17:21.80	15-Aug-87	DMSF -IA	AMY WALKER (Mission Viejo, CA)
	100 Back	1:07.31	2-Apr-94	CRAA -IA	SARAH DOUGALL (Federal Way, WA)
	200 Back	2:19.70	8-Aug-93	CRAA -IA	SARAH DOUGALL (Mpls, MN)
	100 Breast	1:17.50	4-Aug-95	BURL -IA	REAGAN KING (Iowa City, IA)
	200 Breast	2:48.24	17-Jun-05	CIA -IA	JARYN STUDER (Des Moines, IA)
	100 Fly	1:03.63	25-Aug-82	DMAC -IA	ANN WALKER (San Jose, CA)
	200 Fly	2:17.62	24-Jul-83	DMAC -IA	ANN WALKER (Milwaukee, WI)
	200 IM	2:24.48	7-Aug-93	CRAA -IA	SARAH DOUGALL (Mpls, MN)
	400 IM	4:57.88	8-Aug-93	CRAA -IA	SARAH DOUGALL (Mpls, MN)
	200 Free Relay	1:55.36	1-Aug-92	CFSC -IA	Wertz, Martin, Peterson, Fletcher (Iowa City, IA)
	400 Free Relay	4:14.60	2-Aug-92	CFSC -IA	Wertz, Fletcher, Martin, Peterson (Iowa City, IA)
	800 Free Relay	9:11.43	5-Aug-05	ICE -IA	Hartman,Eyanson,Doehrmann,Murray (Iowa City,IA)

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	200 Medley Relay	2:09.83	1-Aug-03	CRAA -IA	A.Allen,A.Mangrich,C.Baker,J.Day (Iowa City,IA)
	400 Medley Relay	4:43.49	5-Aug-05	ICE -IA	Eyanson,Striegel,Doehrmann,Hartman (Iowa City, IA)
15-16	50 Free	27.52	1-Dec-91	CRAA -IA	ERIN CAREW (Mpls, MN)
	100 Free	59.00	8-Aug-95	CFSC -IA	STACEY WERTZ (Tempe, AZ)
	200 Free	2:07.33	20-Jul-89	DMSF -IA	AMY WALKER (Oklahoma City, OK)
	400 Free	4:26.64	8-Aug-93	CRAA -IA	SHERI THEISN (Mpls, MN)
	800 Free	8:57.25	27-Jul-85	DMSF -IA	JENNIFER LINDER (Baton Rouge, LA)
	1500 Free	16:59.14	9-Aug-93	CRAA -IA	SHERI THEISEN (Mpls, MN)
	100 Back	1:05.20	8-Aug-95	CRAA -IA	JOCELYN WRIGHT (Mpls, MN)
	200 Back	2:19.06	8-Aug-95	CRAA -IA	SARAH DOUGALL (Tempe, AZ)
	100 Breast	1:12.93	10-Feb-04	CRAA -IA	HAYLEY FRY (Orlando, FL)
	200 Breast	2:42.34	1-Aug-03	CRAA -IA	HAYLEY FRY (Iowa City,IA)
	100 Fly	1:03.97	20-Jul-85	DMAC -IA	ANN WALKER (Brown Deer, WI)
	200 Fly	2:16.06	5-Aug-85	DMAC -IA	ANN WALKER (Mission Viejo, CA)
	200 IM	2:24.78	16-Aug-94	CRAA -IA	SARAH DOUGALL (Indianapolis, IN)
	400 IM	4:56.32	18-Jul-89	DMSF -IA	AMY WALKER (Oklahoma City, OK)
15-18	200 Free Relay	1:52.21	5-Aug-05	DMSF -IA	Mehesan,Nathanson,Doerge,Kubat (Iowa City, IA)
	400 Free Relay	4:06.72	7-Aug-77	EBSC -WI	Martin,Treible,Peters,Pagach (Mason City,IA)
	800 Free Relay	8:47.39	4-Aug-94	CRAA -IA	Carew, Smedstad, Dougall, Theisen (Clovis, CA)
	200 Medley Relay	2:06.02	1-Aug-03	CRAA -IA	W.Wodstrchill,H.Fry,C.Bueter,M.Burkman (Iowa City,IA)
	400 Medley Relay	4:36.29	1-Aug-03	CRAA -IA	W.Wodstrchill,H.Fry,C.Bueter,M.Burkman (Iowa City,IA)
17-18	50 Free	27.08	1-Aug-96	CFSC -IA	STACY WERTZ (Santa Clara, CA)
	100 Free	59.11	1-Aug-96	CFSC -IA	STACY WERTZ (Santa Clara, CA)
	200 Free	2:07.33	25-Jun-86	DMSF -IA	JENNIFER LINDER (Orlando, FL)
	400 Free	4:17.58	24-Jun-86	DMSF -IA	JENNIFER LINDER (Orlando, FL)
	800 Free	8:40.62	25-Jun-86	DMSF -IA	JENNIFER LINDER (Orlando, FL)
	1500 Free	16:38.46	4-Jul-86	DMSF -IA	JENNIFER LINDER (Moscow, USSR)
	100 Back	1:07.49	1-Aug-00	UN -IA	KATIE MERRIAM (San Antonio, TX)
	200 Back	2:20.72	12-Aug-96	CRAA -IA	JINNY SMESTAD (Ft Lauderdale, FL)
	100 Breast	1:14.07	5-Aug-05	CRAA -IA	HAYLEY FRY (Iowa City, IA)
	200 Breast	2:40.83	1-May-04	FOXJ -MN	ALICIA JENSEN (Iowa City,IA)
	100 Fly	1:05.19	7-Aug-03	BETT -IA	SARAH BICKNELL (Indianapolis,IN)
	200 Fly	2:14.29	4-Jul-86	DMSF -IA	JENNIFER LINDER (Moscow, USSR)
	200 IM	2:26.38	12-Aug-96	CRAA -IA	JINNY SMEDSTAD (Ft Lauderdale, FL)
	400 IM	4:57.95	1-Aug-96	CRAA -IA	JINNY SMEDSTAD (Santa Clara, CA)
SR	50 Free	26.84	3-Aug-01	CRAA -IA	KATIE MERRIAM (Iowa City,IA)
	100 Free	58.83	22-Jul-04	ICE -IA	ABBY VanMAAREN (Minnapolis, MN)
	200 Free	2:07.33	25-Jun-86	DMSF -IA	JENIFER LINDER (Orlando, FL)
	400 Free	4:17.58	24-Jun-86	DMSF -IA	JENNIFER LINDER (Orlando, FL)
	800 Free	8:40.62	25-Jun-86	DMSF -IA	JENNIFER LINDER (Orlando, FL)
	1500 Free	16:38.46	4-Jul-86	DMSF -IA	JENNIFER LINDER (Moscow, USSR)
	100 Back	1:05.97	5-Dec-02	IOWA -IA	JENNIFER SKOLASKI (Minneapolis, MN)
	200 Back	2:17.93	5-Dec-02	IOWA -IA	JENNIFER SKOLASKI (Minneapolis, MN)
	100 Breast	1:10.44	21-Jun-96	UN -MW	PENNY HEYNS (Des Moines, IA)
	200 Breast	2:36.70	21-Jun-96	UN -MW	JULIA RUSSEL (Des Moines, IA)
	100 Fly	1:03.50	26-Jul-01	ICE -IA	MELISSA LOEHNDORF (Mpls,MN)
	200 Fly	2:14.29	4-Jul-86	DMSF -IA	JENNIFER LINDER (Moscow, USSR)
	200 IM	2:23.04	21-Jun-96	UN -MW	JULIA RUSSEL (Des Moines,IA)
	400 IM	4:57.95	1-Aug-96	CRAA -IA	JINNY SMEDSTAD (Santa Clara, CA)

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200 Free Relay	1:51.06	5-Aug-05	CRAA -IA	J.Day,W.Wodstrchill,A.Allen,H.Fry (Iowa City, IA
400 Free Relay	4:01.48	19-Dec-98	DMSF -IA	Muyskens, Johnson, Hanson, Walker (Indianapolis, IN)
800 Free Relay	8:52.66	18-Dec-98	DMSF -IA	Walker, Denotter, Collins, Hanson (Indianapolis, IN)
200 Medley Relay	2:03.97	5-Aug-05	CRAA -IA	W.Wodstrchill,H.Fry,C.Baker,J.Day (Iowa City, IA)
400 Medley Relay	4:32.86	5-Aug-05	CRAA -IA	W.Wodstrchill,H.Fry,C.Baker,J.Day (Iowa City, IA)