

Iowa All-Star Information

Parents and swimmers, it is that time again. All-Stars is upon us! The meet this year will take place on January 13-14, 2007 at the Lawrence Indoor Aquatic Center, in Lawrence Kansas. Enclosed you will find the meet invite, the meet entry form.

I will need to have all entries submitted to me, by Friday, December 15th. I will work through the entries and swimmers will be notified via US Mail before December 25th with the status of their qualification to the Iowa All-Star Team.

How team selection works is: Swimmers wishing to attend the meet will submit times for the events they want to participate in. Each swimmer may compete in two individual events per session. Entry submission times can be used from any USA meet held since the beginning of the short course season, up until the entry deadline. Each swimmer must be a registered USA Swimmer, and be 14 years old and younger on the first day of the meet. On the entry form, you may apply for up to four events per session, but put them in order of preference. For example, if a swimmer wanted to participate in the 200 Free and the 100 Breast on Saturday Morning. They would put those two events as their top two selections. If the swimmer wanted to improve their chances in competing in events, it would be a good idea to put other events as their third and fourth selections. The 50 Fly and 100 Back may be submitted as well (for example). The fastest five entry times submitted in each event will be chosen to represent Team Iowa at the All-Star meet (keeping with the two entry per swimmer limit per session). Even if you are seated 10th in the state in a certain event, and five faster swimmers do not enter for the event, or have exceeded their two-event limit for that session, you may be able to swim. So, please enter as many events as you can, so we can fill out the team. You will only be considered for the team, in the events you submit.

The entry fees are \$3.50 per event, and a \$5.00 splash fee. You will be notified by mail before December 25th on your total event fees due. ISI will cover the costs of relays.

Other costs involved will be extra clothing, team pictures, the team meal, and lodging. Team Iowa has a block of rooms available to us at the SpringHill Suites of Lawrence. We have 25 rooms with a King, and 40 Double Queen rooms available at \$89.00 per night plus tax. These rooms can be reserved through me, via your entry form. These rooms will be available on a first come, first served basis.

Each swimmer will receive a Team Sweatshirt, and two team swim caps. Any additional clothing must be purchased. The cost breakdown for these extra clothing items can be located on the entry form. A team meeting will be held on Friday evening at the Team Hotel. A meal will be served, and the costs will be noted on the entry form.

Details of the logo designs will be posted on the ISI website soon. I ask that you fill out the entry forms, and submit them all. Please don't send a check yet until we know the total due (when your events have been picked).

Please send back the forms to me, at my work address before December 15th, 2007

Eric Follmuth
HED Cycling
400 N. Monroe Ave
Mason City, IA 50401
641-425-5357

hediowa@netconx.net

Iowa All-Star Entry Form

USA # _____ Gender _____ Age on Jan 14 _____
 Swimmer Name _____ Home Club _____
 Address _____ City _____ Zip _____
 Home Phone _____ Parents Name _____
 Email Address _____

This swimmer will be available to swim in the All-Star meet, both individual events and relays, if qualified.

Parent Signature _____ Date _____

- List the events you would like to swim, in order you want them considered
- List the events by number and name
- List the best times swum by the entry deadline
- You will be considered only for the events for which you apply
- Submit entries to Eric Follmuth, before December 15th, 2006

Event # and Name	Entry Time	Date and Meet Swum
Session #1		
1		
2		
3		
4		
Session #2		
1		
2		
3		
4		
Session #4		
1		
2		
3		
4		

Hotel Reservation

Credit card and number to reserve on _____ exp. _____

Number of rooms _____

Room Preference (please circle) KING ROOM DOUBLE QUEEN

Hotel: SpringHill Suites, 1 Riverfront Plaza #300, Lawrence, KS 66044

Iowa All-Star Expense Form

Please do not send a check yet, as your totals will be determined by the number of events you qualify for. Please fill out the form, all but the event totals. Details, and pictures of the clothing design will be posted ASAP.

	Cost	Amount Due
Individual Events	\$3.50 per event	
Relay Events	Paid by ISI	0.00
Splash Fee	\$5.00	\$5.00
Team Meal (Swimmer)	\$6.00 (optional)	
Team Meal (Guests)	\$12.00 (optional)	
Team Picture	\$10.00 (optional)	
Additional Clothing	Carry up from below	
	TOTAL	

Please note that the meal, and team picture is optional. You are not required to purchase. Team pictures will be held on Saturday morning, before first session.

Clothing Item	Costs Per	Adult Size	# Ordered	Total Cost
Sweatshirt	No Charge		1	0.00
Name Imprint	\$2.00	N/A		
Extra Sweatshirt	\$20.00			
Extra Swim Cap	\$4.00	N/A		
Sweatpants	\$12.00			
Beanie Hats	\$8.00			
Parent Polo Shirts Embroidered	\$20.00			
			Total Clothing	\$
				Carry above

Please note that each swimmer will receive a sweatshirt and two team swim caps. All other items are optional. Images and beanie colors will be placed on the ISI website ASAP.

For placing the name on the back of the sweatshirt, please print neatly what you would like:

Please send these forms to me before the deadline of December 15th, 2006.

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